



ROLLIN' RASCALS PROGRAM



“OUR “**ROLLIN' RASCALS**” IS A PRE-SCHOOL PROGRAM DESIGNED TO GIVE YOUR CHILD THE OPPORTUNITY TO EXPLORE A VARIETY OF MOVEMENT CONCEPTS AND BASIC GYMNASTIC SKILLS IN A CONTROLLED, SAFE, AND POSITIVE LEARNING ENVIRONMENT WITH THE HOPE OF DEVELOPING SELF-ESTEEM, CONFIDENCE, POISE, AND CO-ORDINATION WITHIN EACH CHILD'S OWN LIMITATION”.

STUDIO PHILOSOPHY

“Whether through Dance, Fitness, Tumbling or our Rollin' Rascal Program, our Studio will stress proper form and technique, always encouraging our students to give their best effort, (regardless of the outcome), so that they will walk away with a good feeling about themselves”.

PRE-SCHOOL SESSIONS

Rollin' Rascals is a yearly, progressive program with classes running every six weeks. (Usually, there is a week break in between sessions). Classes are held mornings and early afternoon, Monday through Saturdays (or specific days). Our program is for boys and girls ages 12 months through 3 years old. Sessions are not held during holidays and school vacations, unless it is necessary for makeup classes due to snow cancellations.

CANCELLATIONS

We will call you before the first class if there is a cancellation. If you think a class might be cancelled due to inclement weather, please call me at 888-0763, or check our website. Instructors will advise you of make-up sessions at the next class.

TUITION

Classes run for six weeks, 45 minutes per week. Our fee is \$70.00 per student, and is payable at the first lesson of the session to receive this discount. Otherwise, it is \$15.00 per class. There is a \$5.00 family discount for the second, third child etc. Re-enrollment takes place on the (4th) fourth lesson of the session when full payment is due if you would like to continue in our program on your chosen day. You may also change your day at this time.

ATTIRE

Children are asked to wear comfortable clothing that will enable mobility without hindrance. Our suggestion is warm-up pants in the cooler weather and shorts in the warmer weather. No shoes or socks should be worn. Bare feet are necessary so that the children can exercise the muscles in their feet and also use their toes to climb our mountains, slanted beams, ladders, etc.

MAKEUP CLASSES

Missed classes may be made up at anytime. You are asked to please contact your child's instructor so that arrangements can be made for proper day and time. Makeup classes are your responsibility unless classes are cancelled by the Studio. Please be sure to make arrangements with your instructor. There are absolutely, no refunds.

CLASS SIZE

For all ages, most class sizes will be between 8 and 10 children.

PARENT PARTICIPATION

Parents are asked to participate in our classes for ages 3 1/2 and under. Our purpose is threefold. **First;** and most important, is safety. With the use of equipment which are inclined and raised, ladders, mountains, castles, mats stacked 2-3 feet high, it is imperative to have a one-on-one participation. **Second;** with a parent, each child can attempt and perform their skill multiple times instead of only once or twice due to waiting for help from an instructor. **Third;** this class time can be used a positive time between parent and child, which nowadays is so hard to come by. There may be times when parents are asked to step back so the child can attempt feats by themselves with the teacher giving instruction.

CLASS STRUCTURE

Classes for 3 1/2 and under are structured so that there are more several teaching stations. If, for example, the class is working on the beam and a child has tried the skill or feat, and their attention strays elsewhere, the parent and child may go to another teaching station then return back to the beam, thus enabling each child to be constantly working at their own capabilities.

BASIC GYMNASTIC SKILL AND MOVEMENT CONCEPTS

Progressive gymnastic tumbling skills are taught within our classes. Because of the young ages, it is necessary to have the children perform various concepts of movement to strengthen their muscles, improve their agilities, or just to promote body awareness, etc. Usually, our instructors will explain why we are performing a skill, but we ask parents to please question our skills if an explanation was missed.

RE-ENROLLMENT

Re-enrollment is necessary for each 6 week session. During week #4, full payment toward the following session is to be made. If payment is not received at the time, your day and time cannot be guaranteed.

INSTRUCTORS

All of our qualified instructors have received intensive training in their field, either through outside studies with various teachers and/or have been personally trained by Rita to guarantee quality, progressive, instruction to afford continuity from class to class. To keep abreast of new teaching techniques, our instructors also continue with their studies throughout the year.